

# Migraine Management: Challenges & Opportunities

- 1. Migraine is the most common type of headache and primarily affects men.**
  - a. True
  - b. False
- 2. A definitive diagnosis of migraine includes which of the following:**
  - a. A complete physical
  - b. An analysis of patient's history
  - c. MRI and CT scans
  - d. All of the above
  - e. A and B only
- 3. Which of the following can be effective in treating migraine?**
  - a. OTC naproxen
  - b. Prescription naproxen
  - c. Acetaminophen alone
  - d. Ergot alkaloids
  - e. All of the above
  - f. A, B, and D only
- 4. Which of the following is the correct definition of medication overuse in migraine?**
  - a. 10 consistent days of analgesic therapy
  - b. 20 consistent days of analgesic therapy
  - c. 10 days of analgesic therapy for 3 months in a row
  - d. 15 consistent days of analgesic therapy
- 5. Which of the following agents works as by stimulating the 5-HT receptors in the brain?**
  - a. NSAIDs
  - b. Ergot alkaloids
  - c. Triptans
  - d. Opioid agents
- 6. Which of the following is a prescription combination product including a triptan and naproxen?**
  - a. Imitrex
  - b. Maxalt
  - c. Zomig
  - d. Treximet
- 7. Which triptan is considered to be the standard that others are often measured against?**
  - a. Imitrex
  - b. Maxalt
  - c. Zomig
  - d. Frova
- 8. Currently, there are three ergot alkaloid agents approved in the United States.**
  - a. True
  - b. False
- 9. Which of the following is FALSE regarding ergot alkaloids?**
  - a. They are more effective than triptans
  - b. DHE is as effective as an opioid or NSAIDs when combined with an antiemetic
  - c. DHE is available as a nasal spray
  - d. A common side effect is tachycardia
- 10. Narcotic analgesics have specific approval for migraine.**
  - a. True
  - b. False
- 11. What is the benefit of antiemetics in migraine?**
  - a. Prevention of vomiting
  - b. Treating vomiting
  - c. Stop the debilitating effects of nausea
  - d. All of the above
- 12. Which of the following is true regarding tapering of migraine drugs and transitional agents?**
  - a. Triptans must be tapered slowly.
  - b. Caffeine can be tapered quickly
  - c. Ergot alkaloids are often used as a transitional drug.
  - d. Triptans can be used as a transitional drug.
- 13. There are no proactive means to prevent migraine headaches other than medications.**
  - a. True
  - b. False
- 14. Which of the following agents are used for migraine prevention?**
  - a. Beta blockers
  - b. Tricyclic antidepressants
  - c. Antiepileptic agents
  - d. All of the above.
- 15. Which of the following is NOT a way to prevent migraine?**
  - a. Stress reduction
  - b. Appropriate sleep patterns
  - c. Avoidance of foods that might cause a migraine
  - d. All of the above are ways to prevent a migraine

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