

Quiz Page — Systemic Lupus Erythematosus and Its Treatment

1. Systemic Lupus Erythematosus (SLE) is

- a. an acute infectious disease
- b. a chronic connective tissue disorder affecting multiple organ systems
- c. a chronic infectious disease
- d. a viral disease that affects the heart and kidneys

2. Which of the following are part of the 11 criteria for diagnosis of SLE?

- a. oral ulcers
- b. photosensitivity
- c. malar rash
- d. all of the above

3. Which statement is true regarding drug-induced SLE?

- a. women are affected 10% of the time
- b. it occurs most often in children
- c. many of the patients are older than the average SLE patient
- d. renal symptoms are usually severe

4. Which statement best indicates the prognosis for SLE today?

- a. 10-year survival rates are exceeding 50%
- b. 10-year survival rates are exceeding 90%
- c. most patients die after 5 years
- d. no definite data exists regarding SLE prognosis

5. Which pair of diseases is similar to SLE?

- a. rheumatoid arthritis, scleroderma
- b. scleroderma, polio
- c. pneumonia, rheumatoid arthritis
- d. polio, pneumonia

6. Which of the following is considered good general therapeutic advice for SLE patients?

- a. get plenty of sunlight
- b. exercise heavily each day
- c. watch for early signs and symptoms
- d. double your medication if joint pain occurs

7. Aspirin and other NSAID's

- a. provide a cure for SLE
- b. produce their effects by decreasing prostaglandin synthesis
- c. should be used to treat renal failure associated with SLE
- d. should never be used in SLE

8. Which of the following has been implicated in drug-induced SLE?

- a. isoniazid
- b. procainamide
- c. ascorbic acid
- d. both a and b

9. Which of the following is considered the definitive finding in diagnosing SLE?

- a. positive antinuclear antibodies
- b. seizures
- c. photosensitivity
- d. none of the above

10. Rashes encountered with SLE

- a. should usually be treated with topical steroids
- b. are usually life-threatening
- c. require aggressive oral steroid therapy
- d. are the result of aspirin overdose

11. The classic "butterfly rash" associated with SLE

- a. is the definitive finding for diagnosis
- b. occurs in about half the patients
- c. occurs when alopecia is present
- d. is the same as LE cells

12. The incidence of SLE in the population is

- a. 1 in 500
- b. 1 in 50,000
- c. 1 in a million
- d. difficult to determine, but probably much greater than 1 in 25,000

13. Which of these drug(s) is used to treat major disease activity?

- a. prednisone
- b. azathioprine
- c. cyclophosphamide
- d. all of the above

14. Which of these combinations is considered a serious complication in SLE patients?

- a. chronic renal disease, anemia
- b. muscle ache, infection
- c. infection, progressive renal disease
- d. anemia, infection

15. Systemic Lupus Erythematosus

- a. is primarily a disease of young women
- b. is a familial disease
- c. affects Black and Asian individuals most frequently
- d. is all of the above

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